



Physical Education

Intent

At Griffin, the 'how' matters more than the 'what'. Instead of focusing on teaching particular sports, we aim to provide a P.E curriculum that allows students from EYFS to Y6 to experience and enjoy a range of activities that help them to develop their health, fitness and wellbeing. We intend to offer a high-quality physical education curriculum that inspires all students to succeed and excel in competitive situations and other physically-demanding activities. It provides opportunities for students to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The national curriculum for P.E aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives



Implementation

All classes from Nursery to Y6 follow our P.E long term plan, and teach using resources from <https://www.peprimary.co.uk/>. This offers 'a broad and balanced programme, underpinned by the best pedagogical principles and practice'

Y1-6 receive two hours of P.E each week. In addition, outdoor learning and running clubs provide additional physical activity.

We assess and track the students' progress using statements from PEPrimary, which have been adapted to suit our school.

Loose parts play is also facilitated in the EYFS and KS1.

KS2 access sports equipment and football during their play times.



Impact



“P.E Primary really supports me to teach good quality lessons even when I don't feel like the most confident sportsperson!”
(Staff member)

“PE allows me to learn different skills and explore a wide range of sports.”
(Benedict, Y6)

